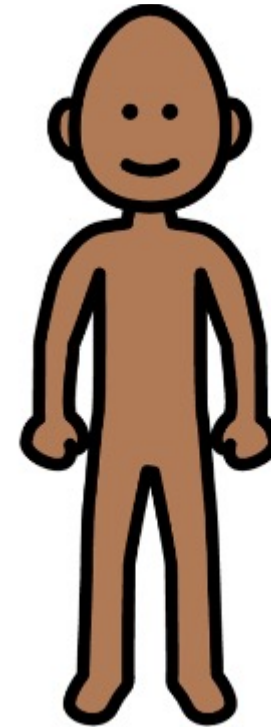




What is health?



health

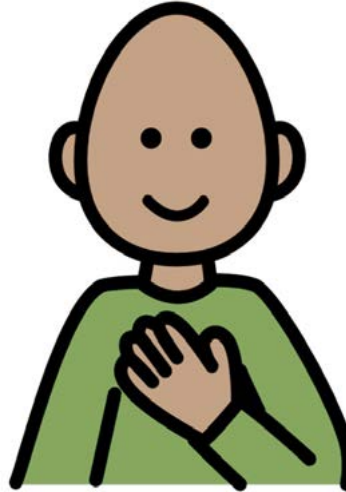


body

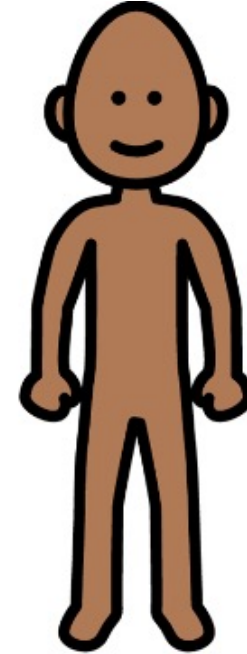
Health is about people's bodies.



health



feel

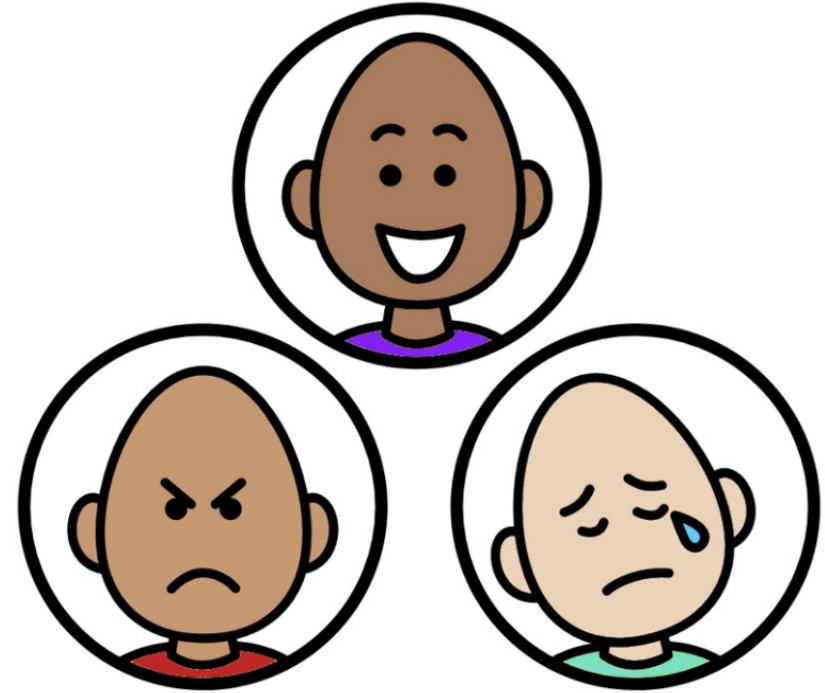


body

Health is about how people feel in their body.



health

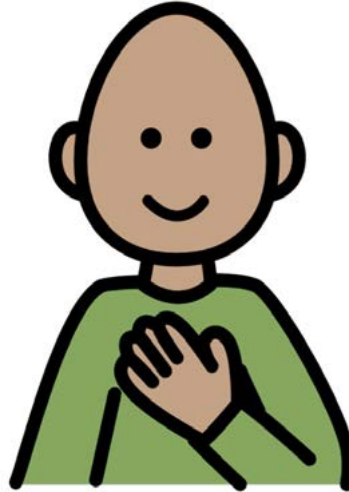


feelings

Health is also about people's feelings.



health



feel



good

Health means people can feel good.



health



good

most of the time						
	thumbs up	thumbs up		thumbs up	thumbs up	thumbs up
thumbs up		thumbs up	thumbs up	thumbs up		thumbs up
thumbs up	thumbs up	thumbs up		thumbs up	thumbs up	thumbs up
thumbs up	thumbs up	thumbs up	thumbs up	thumbs up		thumbs up

most of the time

Health means people feel good most of the time.



health



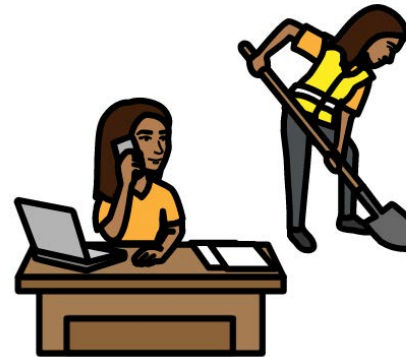
energy



get out of bed



get ready



go to work



house work

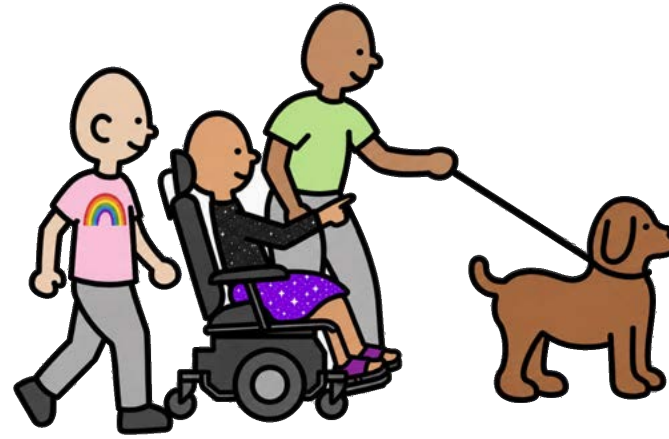
Health means people have energy to do the things they need to do.



health



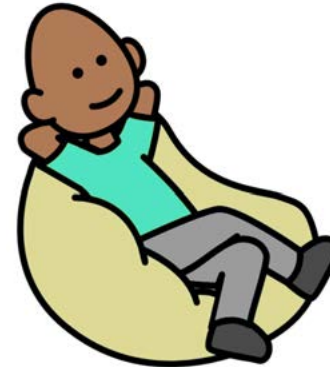
energy



going for a walk



cooking



relaxing



basketball

Health means people have energy to do the things they want to do.



health



strong

Health means people feel strong.



health



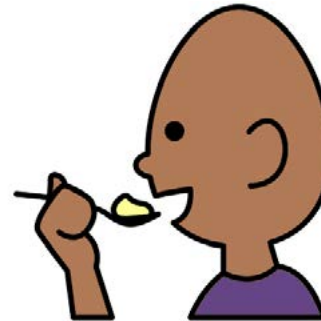
strong



swimming



play an instrument



eating

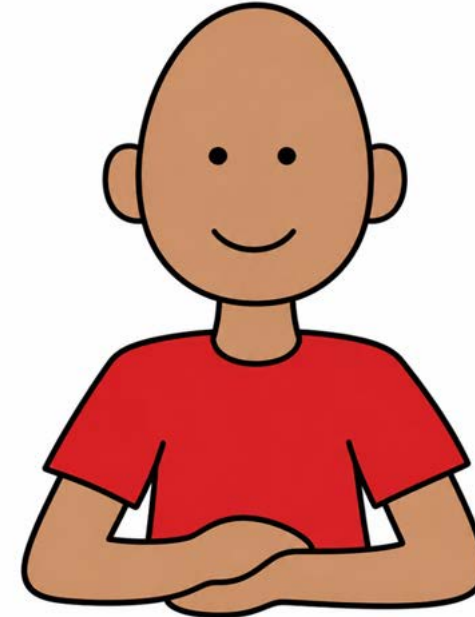


get in car

Health means people have the strength to do things.



health

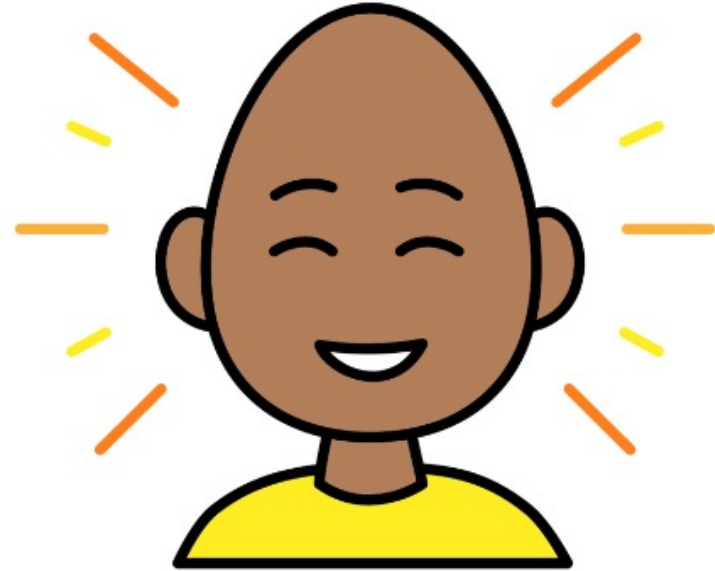


calm

Health means people feel calm.



health

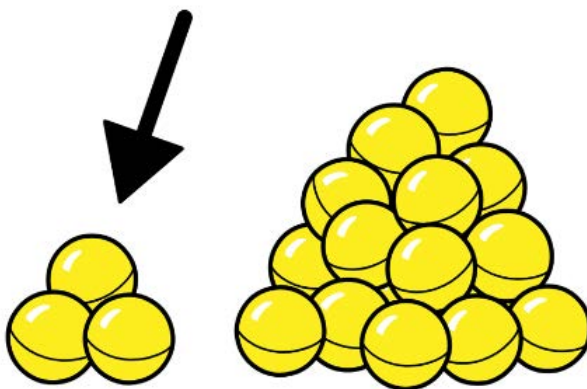


happy

Health means people can feel happy.



health



less



pain

Health means people feel less pain.



health



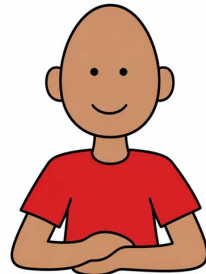
feel good



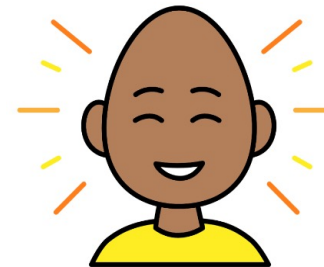
energy



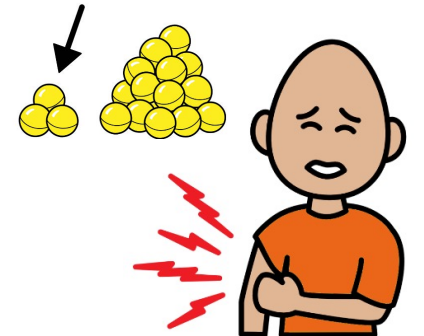
strong



calm



happy



less pain

Health means people feel good, have energy,
feel strong, calm, and happy and have less pain.



www.microboards.org.au

This reader was made by Microboards Australia using Picture Communication Symbols® (PCS).

PCS and Boardmaker are trademarks of Tobii Dynavox LLC. All rights reserved. Used with permission.