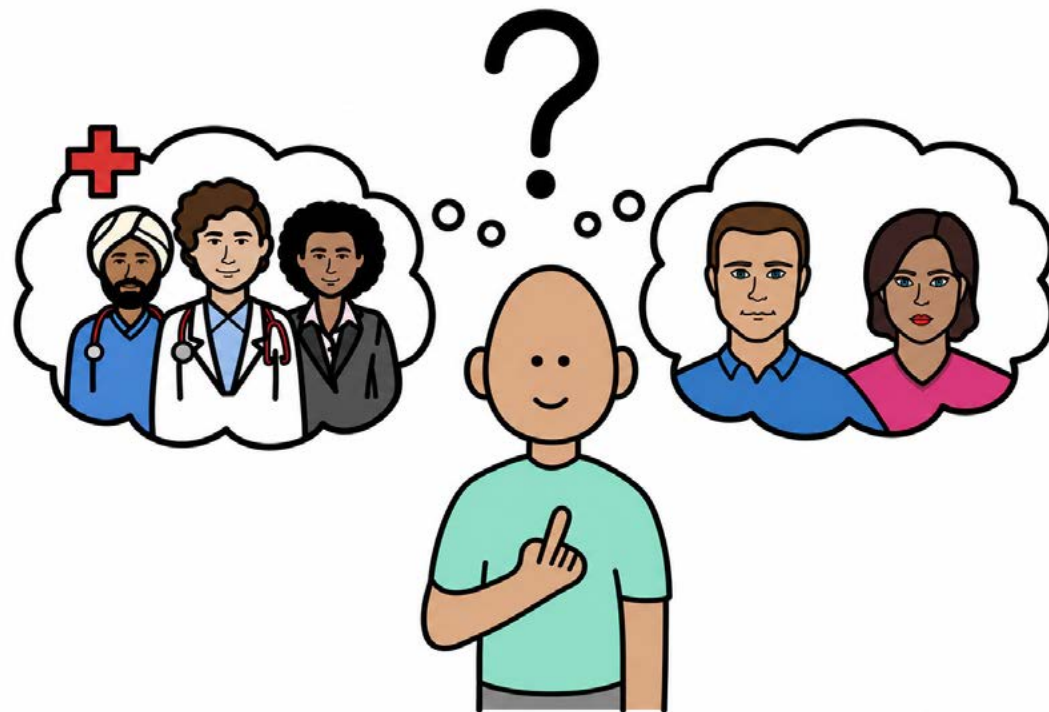
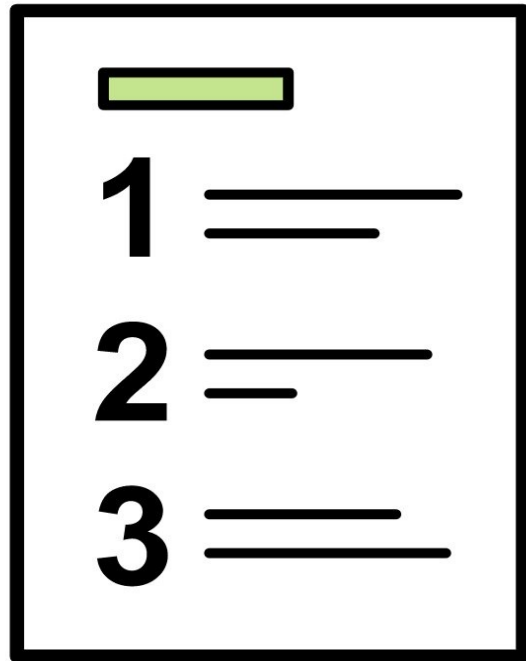




Who can help to make a health plan?

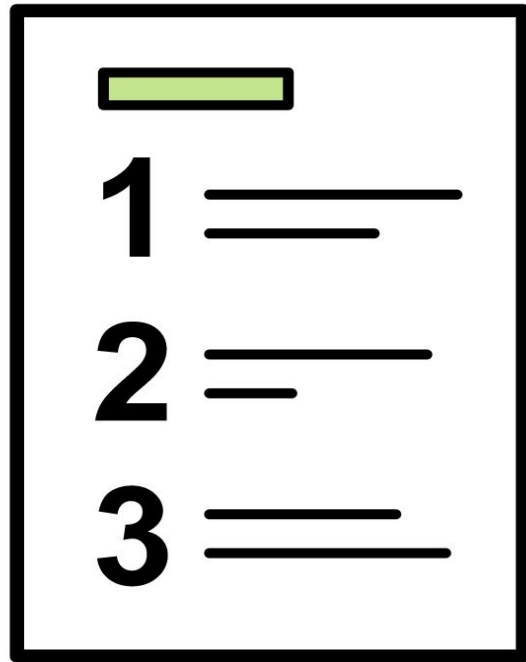


plan

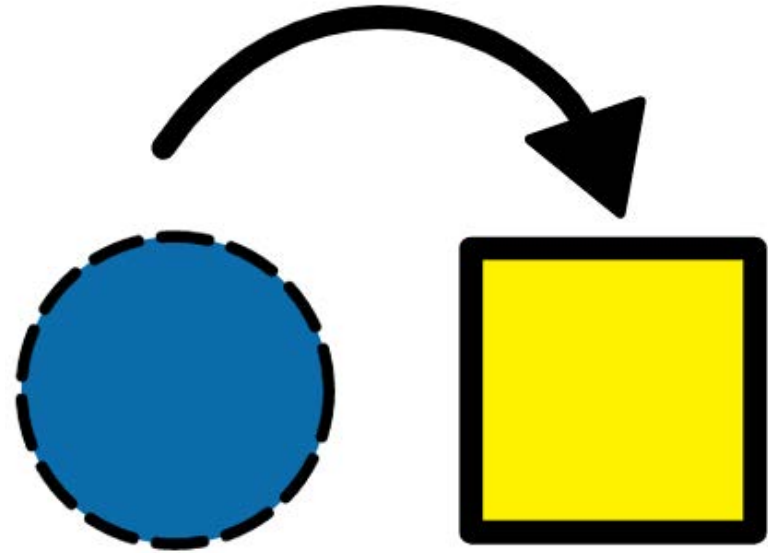


better health

People can plan to have better health.

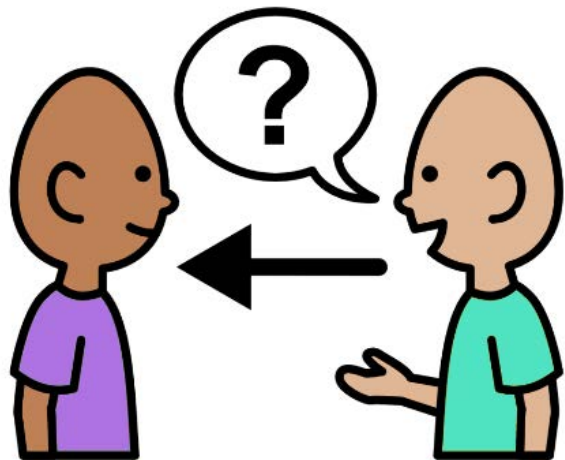


plan



change

A plan is when people choose to change something they do.



ask



help



health plan

People can ask for help to make their health plan.



family



help



health plan

People can ask their family for help to make their health plan.



friends



help



health plan

People can ask their friends for help to make their health plan.



support workers



help

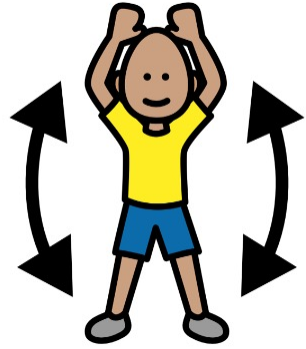


health plan

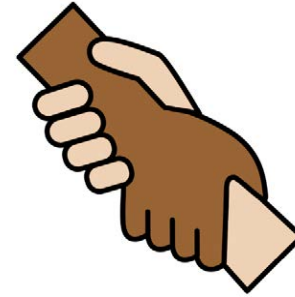
People can ask their support workers for help to make their health plan.



speech therapist



exercise physiologist



help



health plan

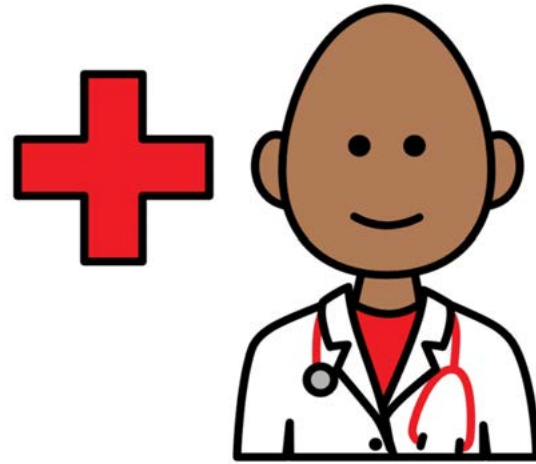


physiotherapist



occupational therapist

People can ask their therapists to help make their health plan.



doctor

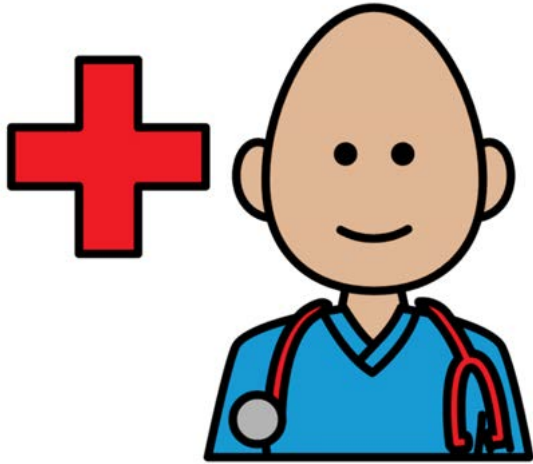


help



health plan

People can ask their doctor to help make their health plan.



nurse

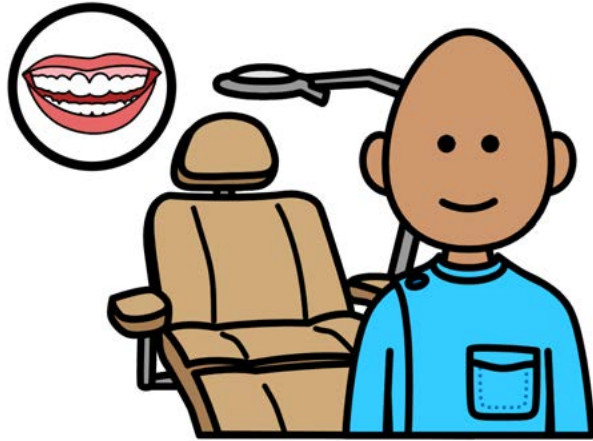


help



health plan

People can ask their nurse to help make their health plan.



dentist

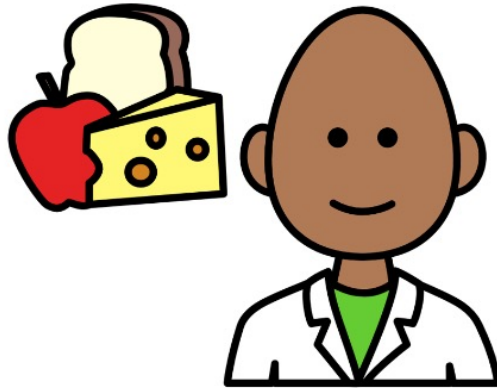


help



health plan

People can ask their dentist to help make their health plan.



dietician



help



health plan

People can ask their dietitian to help make their health plan.



family



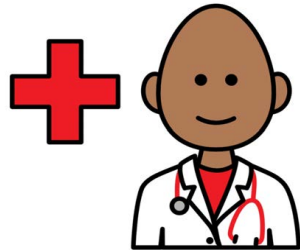
friends



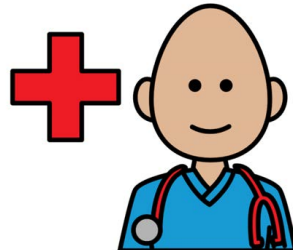
support workers



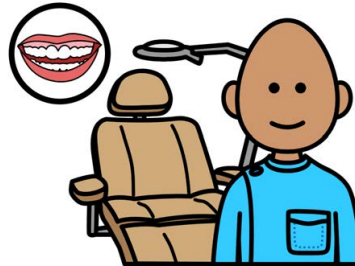
physiotherapist



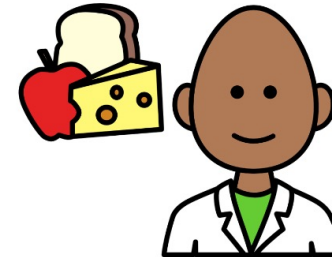
doctor



nurse



dentist

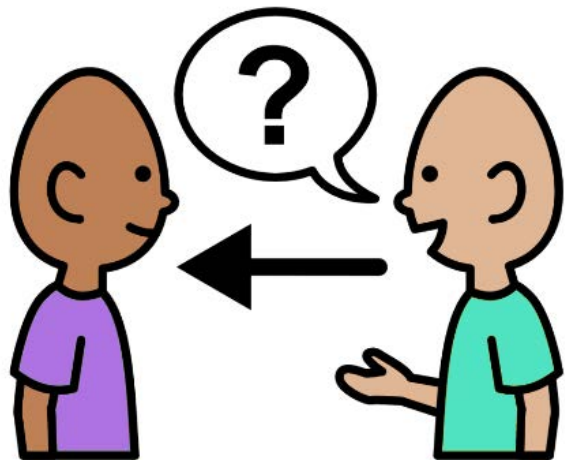


dietician



health plan

Many people can help to make a health plan.



ask



help



health plan

I wonder who you would like to ask to help
you make your health plan?



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